



5k Run & Walk

"This is the best small town race I've ever been in."
 – Lori Adams

"This is the best 5K in the Valley."
 – Mike Medei



5k Run & Walk

**9 am • Saturday
 July 19, 2008**

Rain or Shine
 Fast Course

Proceeds to benefit
 George Yasso and James Skelly
 Scholarship Funds

Sponsored by
 Borough of Fountain Hill and

St Luke's
 HOSPITAL
 & Health Network

REGISTRATION:

Download an entry form at www.slhhn.org
Or day of event from 7:30 am to 8:30 am
Fountain Hill Community Pool
1445 Speigel St., Fountain Hill, PA 18015

ENTRY FEE:

\$17.00 check payable to *George Yasso Memorial 5K*
(\$20.00 day of race)
\$10.00 for High School Students

RACE INFORMATION:

- Course begins and ends at the Fountain Hill Pool.
- Faster course through the streets of the Borough of Fountain Hill.
- Refreshments and prizes provided at end of race.
- Mile split times, accurately measured.
- Access to showers and pool facilities.
- Walkers are welcome.
- Changing and toilet facilities available.
- For additional information call or e-mail:
 - Steve Repasch: 610-868-5482
 - Spud Yasso: 610-694-0502
 - Bart Yasso: bart.yasso@rodale.com

SUNRISE WALK:

Join former Mayor Steve Repasch for a sunrise walk (approx. 1.5 miles) on race day at 7 am.
\$10.00 entrance fee.

AWARDS:

- 1st 200 applicants receive a T-shirt
- Prizes awarded in the following categories:
 - Overall male & female 1st place finishers
 - Top three place winners in the following age categories (male and female):

19 and under	40-44
20-24	45-49
25-29	50-54
30-34	55-59
35-39	60 and over
- Youngest and oldest finisher

*Award Ceremony:
Following race at Community Pool (approx. 10 am)*

Entry Form

Tear off and mail to:

c/o Spud Yasso
George Yasso Memorial 5K
3002 Oakland Road
Bethlehem, PA 18020

(Please print)

Name _____

Age (on race date) _____ Date of Birth _____

Phone No. _____

Email _____

Address _____

City _____

State _____ Zip Code _____

Male Female

Shirt size: M L XL XXL

In consideration for acceptance of this entry, I, intending to legally bind myself, my heirs, executors, and administrators, do hereby waive and release any and all rights and claims for damages, injuries, or losses I may have against any and all race officials and all organizations conducting this event, including but not limited to the Borough of Fountain Hill and St. Luke's Hospital and its employees, either individually or collectively; all event officials; volunteers, rescue, support personnel, the Borough of Fountain Hill and St. Luke's Hospital, their agents, representatives, successors, and assigns, resulting from my participating in the George Yasso Memorial 5K Run & Walk. It is my further declaration that I consider myself to be in excellent physical health and that I have had sufficient training so as to be in such physical condition that will enable me to participate in and complete the race. I, additionally, assume full and exclusive responsibility for taking cognizance of the weather and course conditions that exist as of race time in the Fountain Hill area, of the additional risk, if any, to my personal safety that is present as a result of their existence and my decision to participate under those conditions.

Signature: _____

(Parent's Signature if entrant under 18)

*\$10.00 or \$17.00 entry fee. Make check payable to:
George Yasso Memorial 5K*